systemically administering sufficient quantities of thrombopoietin to the mammal to induce endogenous production of platelet-degived growth factor in the mammal; and

systemically administering sufficient quantities of a thyroid regulatory agent to regulate cell division and oligodendroglia production.

- 34. The method of claim 33 wherein the step of systemically administering the thrombopoietin comprises a method selected from the group consisting of oral administration, intravenous injection, intramuscular injection and intrathecal injection.
 - 35. The method of claim 33 wherein the thyroid regulatory agent comprises thyroid hormone.
- 36. The method of claim 35 wherein the step of administering the thyroid hormone comprises a method selected from the group consisting of oral administration, intravenous injection, intramuscular injection and intrathecal injection.
 - 37. The method of claim 35 wherein the thyroid hormone comprises thyroid hormone extract.
- 38. The method of claim 35 wherein the thyroid hormone comprises synthetic thyroid hormone.
 - 39. The method of claim 33 wherein the thyroid regulatory agent comprises thyrotropin.
- 40. The method of claim 39 wherein the step of administering the thyrotropin comprises a method selected from the group consisting of oral administration, intravenous injection, intramuscular injection and intrathecal injection.
- 41. The method of claim 33 wherein the thrombopoietin is selected from the group consisting of a thrombopoietin isolated from a mammal, a thrombopoietin made by recombinant means, and a thrombopoietin made by synthetic means.
- 42. The method of claim 33 wherein the quantity of thrombopoietin administered is from 1.0 to 100 μg/kg body weight per day.

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- > 1 43. The method of claim 33 wherein the thyroid regulatory agent is co-administered to the mammal with the thrombopoietin.
- 44. The method of claim 33 wherein the thyroid regulatory agent is initially administered to the mammal at least ten days subsequent to initial administration of the thrombopoietin.
- 45. A method of inducing increased platelet production with secondary increased endogenous production of platelet-derived growth factor in a mammal, the platelet-derived growth factor serving as a therapeutic agent to stimulate regeneration or repair of nerve axon myelin coatings in a mammal with damaged neurons, the method comprising.

systemically administering sufficient quantities of thrombopoietin to the mammal to increase platelet production; and

systemically administering sufficient quantities of a thyroid regulatory agent to regulate cell division.

- 46. The method of claim 45 wherein the step of systemically administering the thrombopoietin comprises a method selected from the group consisting of oral administration, intravenous injection, intramuscular injection and intrathecal injection.
 - 47. The method of claim 45 wherein the thyroid regulatory agent comprises thyroid hormone.
- 48. The method of claim 47 wherein the step of administering the thyroid hormone comprises a method selected from the group consisting of oral administration, intravenous injection, intramuscular injection and intrathecal injection.
 - 49. The method of claim 47 wherein the thyroid hormone comprises thyroid hormone extract.
- 50. The method of claim 47 wherein the thyroid hormone comprises synthetic thyroid hormone.
 - 51. The method of claim 45 wherein the thyroid regulatory agent comprises thyrotropin.

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The method of claim 51 wherein the step of administering the thyrotropin comprises a method selected from the group consisting of oral administration, intravenous injection, intravenous injection, intravenous injection.

- 53. The method of claim 45 wherein the thrombopoietin is selected from the group consisting of a thrombopoietin isolated from a mammal, a thrombopoietin made by recombinant means, and a thrombopoietin made by synthetic means.
- 54. The method of claim 45 wherein the quantity of thrombopoietin administered is from 1.0 to 100 μg/kg body weight per day.
- 55. The method of claim 45 wherein the thyroid regulatory agent is co-administered to the mammal with the thrombopoietin.
- 56. The method of claim 45 wherein the thyroid regulatory agent is initially administered to the mammal at least ten days subsequent to initial administration of the thrombopoietin.
- 57. A method of inducing increased platelet production with secondary increased endogenous production of platelet-derived growth factor in a mammal, the platelet-derived growth factor serving as a therapeutic agent to stimulate regeneration or repair of nerve axon myelin coatings in a mammal with damaged neurons, the method comprising systemically administering sufficient quantities of thrombopoietin to the mammal to increase platelet production, whereby endogenous production of platelet-derived growth factor is increased, thereby causing regeneration or repair of nerve axon myelin coatings.
- 58. The method of claim 57 wherein the step of systemically administering the thrombopoietin comprises a method selected from the group consisting of oral administration, intravenous injection, intramuscular injection and intrathecal injection.

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59. The method of claim 57 wherein the thrombopoietin is selected from the group consisting of a thrombopoietin isolated from a mammal, a thrombopoietin made by recombinant means, and a thrombopoietin made by synthetic means.

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The method of claim 57 wherein the quantity of thrombopoietin administered is from 1.0 to

100 µg/kg body weight per day.